

Everybody - Everyday - For Life!™

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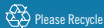
- ✓ 100% Naturally Occurring Vit. A&D
- ✓ Genuinely Norwegian Cod Liver Oil
- ✓ Rich in Omega-3
- ✓ Molecularly Distilled
- ✓ 100% Synthetic Free
- ✓ 3rd Party Tested

Directions: Maintenance: 1-2 teaspoons daily.
Refrigerate after opening. **Shake well before each use**

Therapeutic: Consult Health Professional.

Store in a cool dry area, away from light. After opening refrigerate and consume within 90 days. Clouding is normal and does not affect quality or safety. Do not use if safety seal is broken. See expiry date stamped on label.

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Product of Norway



The World's Premier Cod Liver Oil
100% Naturally Occurring Vit. A&D

**NATURAL A&D
SUFFICIENCY™**



6.7 Fl. Oz. (200 ml)

100% Natural
Lemon Flavor



Tastes Great!

Supplement Facts

Serving Size 1 Teaspoonful (5ml)
Serving Per Container: 40

Each Teaspoonful Contains	%Daily Value	
Calories (energy) 40		
Calories from Fat 40		
Total Fat	4.5 g	7%*
Saturated Fat	0.5 g	3%*
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	2.5 g	†
Trans Fat	0 g	
Cholesterol	15 mg	5%*
Vitamin A (naturally occurring)	1800-3400 IU	36-68%
Vitamin D (naturally occurring)	180-450 IU	45-113%
Omega-3 Fatty Acids	1000-1300 mg	†
EPA (Eicosapentaenoic Acid)	320-510 mg	†
DHA (Docosahexaenoic Acid)	460-640 mg	†
Other Omega3 Fatty Acids	100-300 mg	†

* Percent Daily Value based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: Genuine Norwegian Virgin Cod Liver Oil (*Gadus morhua*), Natural Lemon Flavor, Proprietary Antioxidant Blend (consisting of rosemary extract, ascorbyl palmitate & natural tocopherols).