

Everybody - Everyday - For Life!™

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As a father, a family wellness doctor, and a scientist Dr. Chestnut understands how important supplementation with a natural, 18:12 full complement fatty acid profile, purified EPA/DHA Omega-3 supplement is for family health. This is why OMEGA SUFFICIENCY is produced in a pharmaceutical grade facility, sourced from wild anchovy, sardine and mackerel from pristine cold waters, kept in the NATURAL triglyceride form with the NATURAL EPA/DHA ratio, ORGANICALLY FILTERED, TRIPLE PURIFIED and immediately infused with NATURAL antioxidants to ensure maximum purity and freshness. This devotion to quality is what makes Innate Choice OMEGA SUFFICIENCY fish oil the world's premier EPA/DHA Omega-3 supplement. †



## The World's Premier EPA/DHA Omega-3 Fish Oil Supplement

# OMEGA SUFFICIENCY™

### Ultra-Purified 18:12 Omega-3 Wild Anchovy, Sardine and Mackerel Oil

18:12 Natural Triglyceride Form



17 Fl. Oz. (500 ml)

## Supplement Facts

Serving Size 1 Teaspoonful (5ml)  
Serving Per Container: 100

Each Teaspoonful Contains	%Daily Value	
Calories (energy)	40	
Calories from Fat	40	
Total Fat	4.5 g	7%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	1 g	†
Cholesterol	15 mg	5%*
Omega-3 Fatty Acids as TG**	1400-1700 mg	†
EPA (C20:5n-3) as TG**	740-825 mg	†
DHA (C22:6n-3) as TG**	460-550 mg	†
Other Omega3 Fatty Acids as TG**	200-325 mg	†

\* Percent Daily Value based on a 2,000 calorie diet.

\*\* Natural Triglyceride Form. † Daily Value not established.

**Ingredients:** Organically Filtered, Triple Purified wild anchovy, sardine and mackerel oil, 100% Natural Lemon Flavor, Proprietary Antioxidant Blend (consisting of: natural mixed tocopherols rosemary extract, ascorbyl palmitate).



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

- ✓ Wild Cold Water Fish
- ✓ Pharmaceutical Grade
- ✓ 3rd Party Tested
- ✓ Natural 18:12 EPA/DHA Ratio
- ✓ Organically Filtered and Triple Purified
- ✓ Natural Antioxidants

**Directions:** Maintenance: 1-2 servings daily.  
Refrigerate after opening. **Shake well before each use.**

**Therapeutic:** Consult Health Professional.

Store in a cool dry area, away from light. After opening refrigerate and consume within 90 days. Clouding is normal and does not affect quality or safety. Do not use if safety seal is broken. See expiry date stamped on label.



100% Natural Lemon Flavor

Product of Norway

Tastes Great!

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